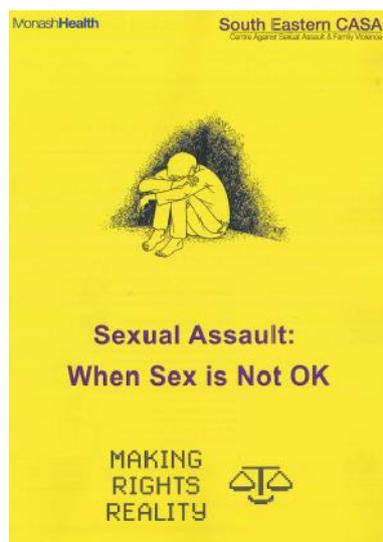


Making Rights Reality

This resource is linked to the Sexual Lives & Respectful Relationships 'Talking about violence and abuse' series. Please review this handout before using this resource in practice. SL&RR Peer Educators and Program Partners think it is important to have background information from the talking about series before you use these activities with someone one on one. They also think it is a good idea to facilitate this background discussing away from someone's personal experience of violence and abuse, and seek assistance if you are not someone who is trained to have conversations with people about violence and abuse

The *Making Rights Reality* series was developed by the South Eastern Centre against Sexual Assault in Victoria, Australia to help to people with disability who have experienced sexual assault or family violence. It was developed as a resource to the inequities faced by people with disabilities. It is a set of easy English booklets to help someone understand their experience and get help.



You can download the resources and user instructions here:

<https://www.secasa.com.au/pages/making-rights-reality/>

The 'When sex is not OK' booklet is a part of the Making Rights Reality resources. It helps people who have been sexually assaulted. This resource works well with the SL&RR 'Talking about violence and abuse' information.

SL&RR Peer Educators and Program Partners think that it is important to work through this entire resource. You could read this aloud or share the reading. It is a good idea to pause and check at the end of each section. You could ask "How do you feel?" or "Do you have any questions?"

Why might the Making Rights Reality Resources be used?

- They could be useful for someone to understand their experience
- They could be useful for someone to understand someone else's experience
- They can tell you about where and how to get help
- They can tell you about the process of reporting sexual assault
- They could be used one on one in counselling
- They could be used in groups
- They could be used as a take home resource when safe
- They could be used to learn more about how to speak to someone with a disability who has experienced violence and abuse

Important things:

- Sexual assault is against the law.
- If you need a counsellor, you can call 1800RESPECT on 1800 737 732 or Sexual Assault Counselling Australia on 1800 211 028
- People who commit sexual assault are not always found or charged by the police.
- If you tell the police, there might be things they have to do. They have to contact a sexual assault service, ask you if you need anyone to help you in the interview, offer for you to have a video interview, and get you support if you go to court.
- Sometimes, even when you do the right things, other people don't and that is not your fault.
- It is never your fault if you are sexually assaulted and you are not to blame.

It is important that you link the person with suitable and appropriate services so they can access more information and the help they need. If there are in immediate danger, call 000. When considering referring on someone with intellectual disability, a service, sexual Assault and family violence services need to be acceptable, approachable, affordable, available¹.

¹ <https://www.anrows.org.au/publication/whatever-it-takes-access-for-women-with-disabilities-to-domestic-and-family-violence-services-key-findings-and-future-directions/>